

Updated 03/26/2011

Fund Raising in Rockies for Earthquake Victims 2011

Gears recommended

As the temperature in the Rockies can be 5-15°C lower than the city, participants are recommended to bring/wear the following:

- Bring a small day pack, with your personal medication.
- Wear winter high cut boots, and bring hiking poles (if you do not have poles, the organizer has some extra one to lend out).
- Wear suitable warm clothing, such as thick socks, winter jacket, toque, gloves, hat etc.
- Bring sunglasses (the white snow is very reflective), and bring sun lotion.
- Bring your own lunch, drink (preferably hot), and snack.